

# SCOPE, SEQUENCE, and COORDINATION

A National Curriculum Project for High School Science Education

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# SCOPE, SEQUENCE, and COORDINATION

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## **Student Materials**

Learning Sequence Item:

# 1029

## **Heat Energy Released or Absorbed in Chemical Reactions**

*May 1996*

*Adapted by: Dorothy Gabel*

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### **Contents**

#### **Lab Activities**

1. Candle Heat
2. Heat Produced When Metals React

#### **Readings**

1. Hot and Cold Packs

## Science as Inquiry

**Candle Heat****How much heat does a burning candle produce?****Overview:**

How much heat does a burning candle produce? You will burn a candle, determine the heat released, and compare your results to others in the class.

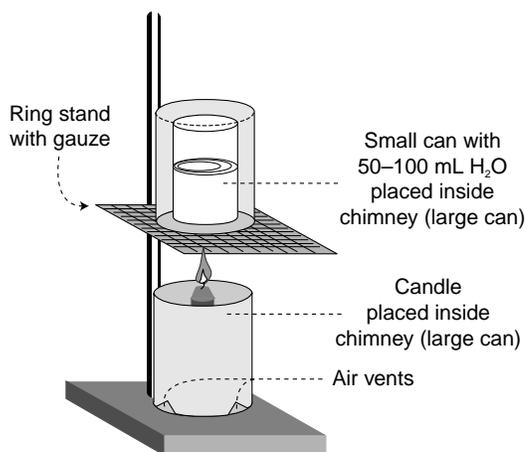
**Procedures:**

Before beginning the experiment, answer Questions 1–4 below.

The heat of your candle will be determined by placing a burning candle beneath a can of water and measuring the temperature change in the water as shown in the figure.

Heat can be calculated by multiplying the mass of the material heated by its specific heat (heat per gram per degree Celsius temperature change) by the change of temperature in °C. Because you will be comparing your value with those of other students, you will need to determine the mass of the candle wax that burned while the temperature of the water changed.

Make a data table to include the mass of the water heated, the change in temperature of the water, and the mass of the candle consumed in burning. Use between 50 mL and 100 mL of cold water (at about 5°C) and continue heating until the temperature of the water is about the same number of degrees above room temperature as it was below room temperature when you started heating. Because candle wax sometimes drips, you may wish to place the candle on something to catch the drips of wax that have not burned. Measure the mass of the burned wax to the nearest 0.01 g, the mass of the water to the nearest 1 g, and the temperatures to the nearest 0.5°C.

**Questions:**

1. What is the purpose of heating the water the same number of degrees below and above room temperature?
2. What is the purpose of the chimneys? Why does the bottom chimney have some vent-holes in it?
3. Is the distance from the candle flame to the water in the beaker important? Why or why not?
4. Why is it unnecessary to measure the water to the nearest 0.01 g ?

5. Calculate the total heat your candle produced in either joules (J) or calories (cal). The specific heat of water is  $4.184 \text{ J/g}^\circ\text{C}$  and  $1.00 \text{ cal/g}^\circ\text{C}$ .
6. Calculate the heat of combustion, that is, the heat per gram of paraffin consumed.
7. Compare your value with those obtained by other students.
8. What factors might have produced variation in the class results?
9. What factors in the experiment might lead results to vary from the true amount of heat produced? Design an apparatus that might improve the results and explain how it does this.
10. If students in the class used different kinds of candles, how can you account for the difference in the results?
11. Suppose you burned 25 g of the same material of which your candle was composed. How much heat would be produced?
12. Suppose you set up an experiment in which you burned the same candle under the same conditions as in the experiment you just completed until the temperature of 1.0 kg of water increased by  $75^\circ\text{C}$ . What mass of candle wax would have burned?
13. Suppose that instead of heating water, you devised an experiment in which you used the same candle to heat a 300-g piece of marble slab that has a specific heat of  $0.21 \text{ cal/g}^\circ\text{C}$ . If the temperature of change for the marble was the same as you observed for the water, would more or less candle wax have burned? What mass of candle would have burned?
14. Using the apparatus in this experiment, do you think you could make a cup of boiling water to prepare hot tea? Explain why or why not.

## Science as Inquiry

**Heat Produced When Metals React****Do metals produce the same quantity of heat when they react?****Overview:**

You will determine how much heat is produced when magnesium reacts with acid and compare it to the heat produced from zinc reacting with acid.

**Procedures:**

Make a data table to record the information needed in the activity. Weigh an empty 250 mL beaker and then add 125 mL of acid. *Caution: Wear safety glasses. Be careful not to spill the acid. Flush with water if you do.*

Obtain the mass of the acid used. Polish a small strip of magnesium using sandpaper. Obtain the mass of the strip of magnesium to the nearest 0.01 g. Then record the temperature (to nearest 0.5°C) of the acid solution and loosely coil the metal and place it in the acid. Stir until the metal completely reacts and record the temperature again at its highest point. Using this information, calculate the heat produced per gram of metal used assuming that the specific heat of the acid solution is the same as that of water (1 cal per g of water per 1°C temperature change).

**Demonstration.** Your teacher will repeat the experiment using a known mass of mossy zinc in a more concentrated acid. Record data similar to that obtained with the magnesium.

**Questions:**

1. Calculate the total heat your Mg produced in either joules or calories. The specific heat of water is 4.184 J/g°C and 1.00 cal/g°C. Heat can be calculated by multiplying the mass of the material heated by its specific heat (heat per g per 1°C temp. change) by the change of temperature in °C. Because you will be comparing your value with those of other students, you will need to determine heat produced per g of metal consumed.

2. Compare your value with those obtained by other students.

3. What factors might have produced variation in the class results?

4. Calculate the heat produced per gram of zinc that reacted.

5. How can you account for the difference in the results?

6. Suppose 25 g of magnesium reacted, how much heat would be produced?

7. Atoms of different elements have different masses. A zinc atom is actually 2.7 times heavier than a magnesium atom. Atom for atom, how does the quantity of heat produced by the two metals compare? How do we make this comparison? Is it about equal, or very different?

Science in Personal and  
Social Perspectives

## Hot and Cold Packs

*It is late in the fourth quarter of the football championship, and the score is tied. Thirty seconds remain. With second down and goal to go, the home team calls its last time out. Robert, the quarterback who led the team all season, has sprained his thumb, and it's too painful to throw the ball. The trainer quickly takes a white plastic bag from his pocket, gives it a sharp punch with his fist, and applies it to Robert's injured hand. Within seconds the bag is ice cold.*

The coach briefs the second-string quarterback and sends him into the game. The replacement calls a pass play, but is sacked even before he can raise his arm to throw. Third and goal to go . . . fifteen seconds left. The coach looks at Robert, who nods and drops the plastic bag. His thumb is numb enough for one more play.

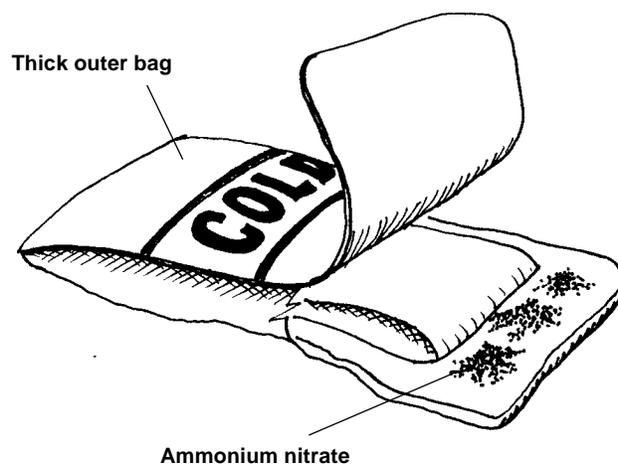
Back in the game, Robert takes the snap, fakes right, steps out of the pocket, then runs to his left. Three defenders rush him. He throws the ball, missing the defenders' outstretched

hands by inches. The receiver catches it in the end zone. Touchdown! Seconds later the clock runs out . . . it is the winning score.

### Cold in a Bag

The plastic bag that the trainer used to cool the quarterback's thumb is an "instant cold pack." It does not need refrigeration and can be stored for months in a first aid kit, yet it produces cold the moment it is needed. How does the instant cold pack work? As shown in Figure 1, the pack has two sealed bags, one inside

Figure 1. Jack Frost brand instant cold pack. The ammonium nitrate crystals and a plastic bag of water are contained inside a heavier plastic bag. Punching the pack bursts open the inner bag allowing the water and ammonium nitrate to mix.



Reprinted with permission from Marsella, G., "Hot and Cold Packs." *Chem Matters* Vol. 5, No. 1, 1987, pp.7–11. Copyright 1987 American Chemical Society.

the other. The outer bag is made of thick plastic and is relatively strong. It contains two things: a white powder, and a second plastic bag. The inner bag is made of weaker plastic and contains water. When the trainer punches the pack the inner bag breaks, and the water mixes with the powder. As the water dissolves the powder—a substance called ammonium nitrate—the solution becomes very cold. The reaction couldn't be simpler: a powder dissolving in water. This particular dissolving reaction absorbs heat, which is a technical way of saying it gets cold. (For why it gets cold, see "The Cold Facts"). Other compounds that get cold on dissolving in water are potassium nitrate, potassium chloride, and, to a very slight extent, plain old table salt (sodium chloride). Some other salts, such as sodium hydroxide, give off heat on dissolving. A reaction that absorbs heat is called an *endothermic* reaction, whereas heat-producing reactions are called *exothermic*.

### Hot Stuff

Most familiar chemical reactions give off heat. Light a match. Hot, isn't it? Where does the heat

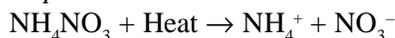
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### The Cold Facts

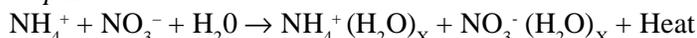
Ammonium nitrate ( $\text{NH}_4\text{NO}_3$ ), is classified as a salt. Chemically speaking, there are thousands of salts in addition to sodium chloride, common table salt. Salts contain ions, particles with electrical charges. Because the ions with positive charge are strongly attracted to those with negative charge, they form a solid crystal.

In the first step, the solid crystal separates into ions. Breaking the ionic bonds requires a lot of energy, which means that heat must be absorbed from the surroundings. In the second step the water molecules, which are attracted to the charged ions, attach themselves to the ions. This step releases energy, which means that heat flows to the surroundings. The steps can be written like this:

*Step 1:*



*Step 2:*



Several water molecules may bond to each ion, as indicated by  $(\text{H}_2\text{O})_x$ . In the first step, heat is absorbed; in the second step, heat is released. Overall, because more heat is involved in the first step than in the second step, heat is absorbed from the surroundings (6 kilocalories per mole of ammonium nitrate). This leaves the surroundings with less thermal energy—colder.

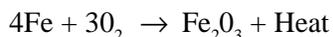
energy come from? It wasn't in the match before you struck it, was it?

Yes it was. It was *stored* in the match—in the various chemicals that make up the match. When the match burned, a series of vigorous reactions took place. Combustion occurs in many steps. To break the original bonds, heat must be absorbed. As new bonds are formed, heat is released. In this case, the amount absorbed is less than the amount released. Overall, heat is given off—the surroundings get hot.

Not all exothermic reactions are as vigorous as a burning match. Instant hot packs use slower reactions that take place at lower temperatures. The “Heat Factory” is a brand of hot pack that is sold at many camping stores. It has an outer plastic envelope and an inner paper bag

perforated by minute holes (see Figure 2). The paper bag contains a mixture of powdered iron, sodium chloride, activated charcoal, and sawdust, all dampened with water. Remove the envelope from the outer plastic bag and shake it vigorously. It gets hot! What's going on here?

Everyone knows what happens when an iron shovel is left out in the rain for a couple of days—it rusts. The chemical reaction of iron and oxygen (oxidation), produces iron (III) oxide, or rust.



In this reaction, ionic bonds are formed between iron and oxygen and heat is released (197 kilocalories per mole of iron (III) oxide). The rusting goes faster if the iron is wet, and faster still if

the iron is wet with a salt solution. The shovel left out in the rain rusts too slowly for the heat to be noticeable. In the Heat Factory, though, the ingredients are mixed in precise proportions and ground up finely to make the oxidation go much faster. The Heat Factory is activated by shaking the envelope to get the oxygen in the air circulating through the small holes. The heat is the result of fast rusting.

Another brand of heat pack, called the “Heat Solution,” works on a different principle. The Heat Solution looks like a small air mattress and is filled with a liquid the consistency of honey (see Figure 3). To activate it, you squeeze a special compartment in one corner of the pack, which releases a triggering crystal. The liquid then gradually solidifies and gives off heat for several hours.

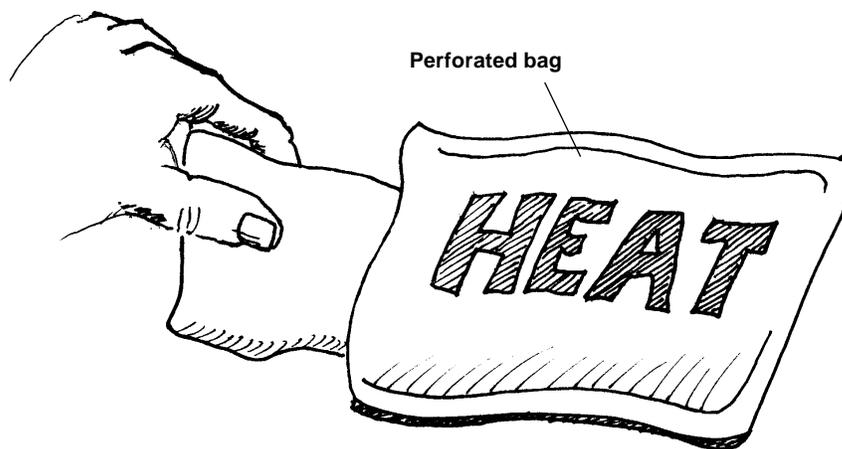
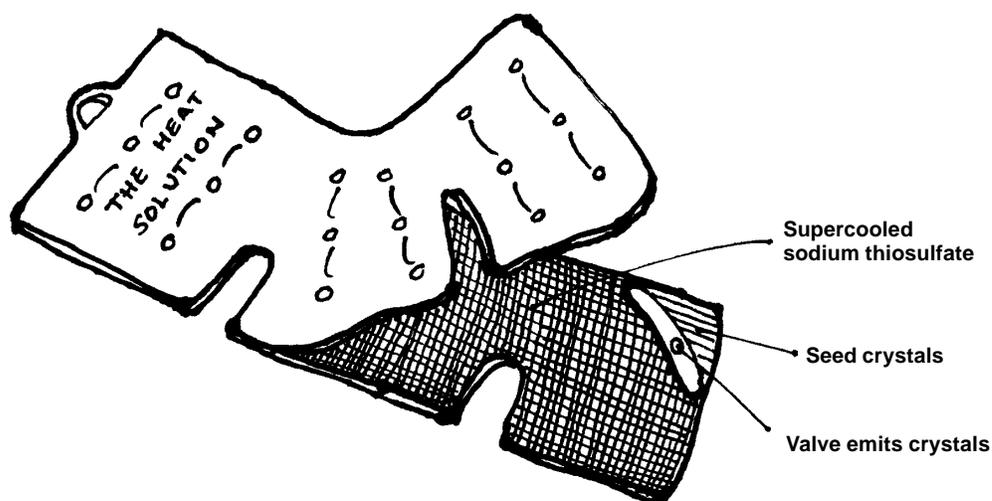


Figure 2. An instant heat pack. Remove the inner bag from the plastic envelope and shake it to start the heat-releasing reaction. Because the reaction needs oxygen from the air, you can stop it by returning it to the airtight envelope, then restart it later.

Figure 3. A constant temperature heat pack. A triangular pocket contains seed crystals that can be released through a valve by squeezing the corner. This triggers the crystallization that warms the pack and maintains a comfortable 48 °C (118 °F).



This heat generator uses a *phase change* instead of a chemical reaction. We are all familiar with the three common phases of matter: solid, liquid, and vapor. The most common example is water, which can exist as ice, liquid water, or steam—same chemical, different phases. Like other substances, water has specific temperatures at which it changes phase—boiling point (100 °C) and freezing point (0 °C).

Under certain conditions, a phase can exist outside of the normal temperature limits. Water, for example, can be cooled below 0 °C. Meteorologists have learned that, high in

the atmosphere, the tiny droplets of water in clouds may be as cold as -30 °C and still be liquid. When a chemical remains liquid at temperatures below its normal freezing point, it is called a *supercooled* liquid.

What does this have to do with hot packs? The liquid in the Heat Solution contains supercooled sodium thiosulfate. To make the supercooled liquid solidify, a *seed crystal* is needed. This is simply a small piece of solid sodium thiosulfate around which more solid can crystallize. When a seed crystal is added, it triggers the change from supercooled liquid to solid. As the sodium thiosulfate solidifies

around the seed crystal, the pack heats up. The heat is the result of bonds being formed as the substance crystallizes. The temperature rises to the freezing point of the sodium thiosulfate, a pleasingly warm 48 °C (118 °F). The valuable feature of phase change systems is that they can't overheat. When a supercooled substance crystallizes, the temperature rises to the freezing point and stays there. It goes no higher or lower until all of the material has solidified. Notice that the inventors picked their chemical carefully. Unlike many compounds that cannot be supercooled at all, sodium thiosulfate supercools easily, and

### The Tendency to Mess Up

Portable hot and cold packs depend on reactions that are *spontaneous*. Because the packs must be quick and easy to use, they require reactions that begin as soon as the reactants are placed together and that will continue on their own. Most spontaneous chemical reactions are exothermic—they give off heat. This is because chemical bonds have a tendency to shed their stored energy and release it as heat. The people who designed hot packs found that this natural flow of energy suited their needs perfectly. They selected the appropriate reactants, put them in the same package, but kept them separated. When warmth is needed, the reactants are simply mixed, and heat is produced automatically.

The tendency of stored bond energy to emerge as heat would seem to rule out cold packs. Because endothermic reactions absorb heat, the bonds end up with more stored energy than they started with—which is against the natural flow of things. Yet, this occasionally happens. When ammonium nitrate dissolves in water it gets very cold—spontaneously. Why does this occur? Scientists explain it with a concept called *entropy*.

Entropy is the degree of disorder in a system. Chemical changes tend to go from orderly arrangements of molecules and ions to disorderly arrangements. Nature tends to increase the amount of messiness, or disorder, or entropy.

The natural tendency to increase entropy sometimes opposes the tendency to release heat. When the increase in entropy is great enough, it can drive the heat flow “backward.” The drive for high entropy overpowers the drive to release heat. Endothermic reactions happen spontaneously *only* when the reaction permits a large increase in entropy.

In the case of the instant cold pack, the starting materials were highly ordered: The water was pure and sealed in its own container, and the ammonium ions and nitrate ions were arranged in an orderly pattern in solid crystals. The substances were sorted and organized—everything in its place. When the inner plastic bag was broken and the water dissolved the ammonium nitrate, the orderly arrangement of the ions was disrupted. The ions were dispersed randomly throughout the water, and the once-pure water became “contaminated.” Disorder reigned. The system went from very ordered to very disordered, and the reaction was partly driven by this increase in entropy.

its freezing point is comfortably warm, but not hot enough to burn the person who has a pulled muscle.

Unlike the other hot or cold packs, the Heat Solution is reusable. Simply heat the pack in boiling water for a while to return the sodium thiosulfate to its supercooled state; let it cool, and it's ready for the next emergency. The pack can be recycled until the supply of seed crystals is used up.

### Bond Energy

We have examined three thermal first-aid packs. The instant cold pack uses a dissolving reaction (ammonium nitrate in water) that is endothermic. The Heat Factory uses an exothermic chemical reaction (iron and oxygen rust to iron [III] oxide). The Heat Solution uses an exothermic phase change (crystallization of supercooled sodium thiosulfate). Only in the Heat Factory “fast-rust” system was a new chemical compound formed. Nevertheless, the underlying theory is the same. Chemical processes always involve breaking and making bonds, which cause heat to be absorbed and released. It is the relative balance of heat change that determines whether the overall process feels hot or cold to the touch.

It is a week after the football game. Having won the champi-

onship, Robert and some friends are on a weekend camping trip. They had planned a lot of fishing but, at the lake, they mostly talk about the game, eat, tell jokes, and relax. What if it gets cold during the night, and the fire won't start? What if one of them strains a muscle chopping wood? Robert is not worried. In addition to the food, tents, and sleeping bags, he brought some chemical hot and cold packs.

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